



# Bana lördag 10 Km

D&H 17-18 10km  
 2 x 5km  
 D&H 19-20 10km  
 2 x 5km  
 D&H 21 10km  
 2 x 5km

Course length:	5,312m	Height difference (HD):	55m	Lowest point:	365m
Course category:	C	Maximum climb (MC):	32m	Highest point:	420m
		Total climb (TC):	165m		

